



RELIEF!™ Hemp Oil Formula



What Is It?

RELIEF!™ Hemp Oil is a simple formula consisting of government-certified food grade nanodiamond crystals, created by detonation synthesis, suspended in government-certified food grade hemp seed oil.

Detonation synthesis nanodiamond (DSND) crystals are one active ingredient in this formula. The power of these crystals lie in their very large total surface area, and their adsorptive and electrically charged or "active" surfaces.

Hemp Seed Oil is used as both a “carrier” for the DSND crystals and as an active ingredient. Hemp Seed Oil has this composition profile:

About 49% of the weight of hempseed is an edible oil that contains 76% as essential fatty acids; i.e., omega-6 fatty acids including linoleic acid (LA, 54%) and gamma-linolenic acid (GLA, 3%), omega-3 alpha-linolenic acid (ALA, 17%) in addition to monounsaturated fat (5% to 11%) and stearidonic acid (2%). Hemp seed oil contains 5% to 7% saturated fat.

HEMP OIL PROFILE								
Type	Processing Treatment	Saturated Fatty Acids	Monounsaturated Fatty Acids		Polyunsaturated Fatty Acids			Smoke Point
			Total Mono	Oleic Acid (ω-9)	Total Poly	Linolenic Acid (ω-3)	Linoleic Acid	
Hemp Seed	Cold Pressed	7.0	9.0	9.0	82.0	22.0	54.0	166°C

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Hemp seed oil has been used for many years to promote healthy skin and used to treat a wide variety of external or internal conditions.

The combination of Hemp Seed Oil and DSND crystals is powerful and may improve the results that can be obtained by either ingredient by itself.



How It Works

The size of the DSND crystals is so small that they quickly absorb through the pores of your skin and quickly reach the source of pain or inflammation. Problems that are closer to your skin's surface are reached more quickly and the time until an initial response to treatment is shorter.

The DSND crystals have a surface that is both adsorptive and electrically-charged (or "active"). Adsorptive means that the crystal is able to capture the Hemp Oil on its surface and carry it through your skin. The ability to carry hemp oil molecules directly to the source of the injury provides deeper delivery of the oil's healing properties.

The electrically-charged surface of the DSND crystals works in two ways to help your body to resolve the pain and to boost your body's natural healing response:

- Electrical activity interferes with the natural pain impulses carried by your nervous system
- Electrical activity "amplifies" the effect of the naturally-occurring electrical impulses in our body to direct healing cell migration to the affected area.

Where to Use It

Use as a topical application just as you would CBD oil. Our customers have used this serum for chronic and/or reoccurring aches and pains, especially those resulting from inflammation (e.g., arthritis), muscle spasms, sinus pain and also for addressing damage caused by certain skin conditions. When combined with DSND crystals thi may be used for a variety of injuries such as bruises, muscle spasms, sinus pain, and more. Some of our customers use this product in place of over-the-counter or prescription pain medication. Please consult your health care professional to determine if this option is appropriate for you.

The abundance of fatty acids present in hemp seed oil make the oil an excellent choice for nourishing the skin and protecting it from inflammation, oxidation, and other causes of aging. Remember: Our skin constitutes our largest organ and is also our first line of defense against external dangers such as pathogens.

The authors of a 2014 review (Pharmacognosy Review 2014 Jan-Jun; 8(15): 52–60.) note that the topical application of hemp seed oil strengthens the skin and makes it better able to resist infection. The authors also suggest that hemp seed oil may be a helpful treatment for a range of skin issues, including:

Eczema	Dermatitis
Psoriasis	Varicose Eczema
Lichen Planus (an inflammatory skin condition)	Acne
Rosacea	



Directions for Use

Step 1: Shake the bottle vigorously for about 30 seconds to redistribute the nanodiamond crystals which have a tendency to settle out of the glycerin.

- If the bottle has not been used for long periods, it is recommended that you place the bottle in a bowl of warm water for 5 to 10 minutes to help ensure proper mixing.

Step 2: Using the roller tip or your finger apply a thin layer of RELIEF!™ Hemp Oil on the affected area at least twice (2x) daily.

- You may use your fingertip to spread the liquid around the affected area as needed. DO NOT use a cotton swab or any other absorptive material to apply.
- For fingers or toes, apply around the entire joint.
- **Adopt a "Less is More" attitude when applying.** Using an excessive amount will reduce or stop its effectiveness.
- We recommend storing RELIEF!™ Hemp Oil near your toothbrush as a reminder to apply it at least twice a day.

Step 3: Continue using RELIEF!™ Hemp Oil even after the pain vanishes to achieve the maximum healing benefits and reduce the likelihood of a recurrence.

Additional Guidance

Many of our customers report their pain vanishing quickly. However, results will vary by individual and it may take longer to observe significant improvement. For more severe conditions pain is more likely to gradually subside with continued consistent use. To obtain optimal results keep using RELIEF!™ Hemp Seed Oil after the pain is gone. Our customers recommend continuing use for at least one additional week after the pain is completely gone to reduce the likelihood of a recurrence.

Some types of damage take a long time to heal or may never heal completely. This is especially true for conditions you have had for a long time or conditions that affect a larger area such as your shoulder. **Some conditions can take weeks or months before you experience any noticeable improvement.** Our customers tell us patience and consistency are key in many cases. If you didn't develop the problem overnight it may not go away overnight either.

Good news! Continued use of RELIEF!™ Hemp Oil will not cause any harm.

- There are no systemic effects with repeated use. Nanodiamond crystals clear from your body by macrophages, a natural process.
- There are no known side effects or allergies to nanodiamond crystals.



- **Hemp Oil Allergy:** While very rare, do not use RELIEF!™ Hemp Oil if you are allergic to hemp oil. Stop using RELIEF!™ Hemp Oil if you experience burning, stinging, redness or irritation. Consult a doctor if these conditions persist or worsen.
- Flush eyes with water if you accidentally get RELIEF!™ Hemp Oil in your eyes.
- **Keep out of reach of children.**
- **Keep bottle out of direct heat or sunlight.**

As with any new product, we know you may have questions or concerns not addressed in this guidance document. We strongly encourage you to contact us by email or by phone to discuss whether this product is right for you.